

## River-to-River Trail Society Announces Fall, 2023 Hiking Schedule

Press contact: Sam Morales 618-384-1321.

The River-to River Trail Society announces its schedule of free guided hikes in and about the Shawnee National Forest for Fall 2023 Hiking Season. All hikes are open to the public free of charge. These hikes are of at least moderate difficulty, and are intended for people in good health who have done some hiking. Boots or sturdy shoes and a walking stick are recommended for all hikes. Hikers should bring their own water and a snack. No dogs, please. Reservations are required for the Oct. 21<sup>st</sup> & Nov. 12<sup>th</sup> hikes.

### River-to-River Trail Society Fall 2023 - Hiking Schedule

Sept 30<sup>th</sup>:

Hike: Tunnel Hill Trail Bike & Hike (Johnson County)

Leader: Bill Gilmour 270-331-1553

Meet: Vienna City Park

Time: 10:00 am

Oct. 7<sup>th</sup>:

Hike: Millstone Lake Trail #32 (Johnson County)

Leader: Bill Gilmour 270-331-1553

Meet: Intersection of Hwy 147 and Cedar Grove Church Road

Time: 10:00 am

Oct.14<sup>th</sup>:

Hike: Ferne Clyffe State Park (Johnson County)

Leader: Chris Drone 618-926-3250

Meet: Ferne Clyffe State Park

Time: 10:00 am

Oct. 21<sup>st</sup>:

Hike: Salt Peter Cave, Reservations required (20-person max. allowed on hike) (Pope County)

Leaders Sam Morales/Fred Scott 618-384-1321

Meet: Lusk Creek Trailhead

Time: 10:00 am

Oct. 28<sup>th</sup>:

Hike: Godwin Trail (Union County)

Leader: Bob Mulcahy 708-471-7500

Meet: Godwin Trailhead East

Time: 10:00 am

Nov. 4<sup>th</sup>:

Hike: Buttermilk Hill picnic area (Jackson County)

Leader: Melanie Kasson 618-791-3086

Meet: Spillway Road, Kinkaid Lake Dam

Time: 10:00 am

Nov. 11<sup>th</sup>:

Hike: Lake Glendale Hike (Pope County)  
Leader: Shawn Gossman 618-694-7034  
Meet: Cardinal Bay Trailhead (boat ramp)  
Time: 10:00 am

Nov. 12<sup>th</sup>:

Hike: Secret Canyon, Reservations required (10-person max. allowed on hike) (Pope County)  
Leader: Gillum/Vicki Ferguson 630-470-7692  
Meet: Cedar Bluff Social Brethren Church  
Time: 1:30 pm

Nov. 18th **no hiking, gun season.**

Nov. 25<sup>th</sup>:

Hike: Jackson Hole/Double Branch Hole (Pope County)  
Leader: Cathy Jennings 618-759-1924  
Meet: Shawnee Mart Eddyville  
Time: 10:00 am

Dec. 2nd **no hiking, gun season.**

Dec. 9th **no hiking, muzzle loader gun season.**

Dec. 16<sup>th</sup>:

Hike: Thacker Hollow/Initial tree (Hardin County/Gallatin County)  
Leader: Steve Melville 314-223-3061  
Meet: Rim Rock parking area  
Time: 10:00 am

The River-to-River Trail Society is an Illinois not-for-profit corporation founded in 1993 by John O'Dell to promote completion of the River-to-River Trail, which now runs 157 miles through the Shawnee National Forest between Elizabethtown on the Ohio River and Grand Tower on the Mississippi River. The Society engages in trail maintenance and advocacy, and it offers free guided hikes to members and the public during the spring and fall hiking seasons. In addition, the Society has a Trail Guide to the entire River-to-River Trail, which can be downloaded for free from the Society's website: <https://www.rivertorivertrail.net/>