

**River-to-River Trail Society
Sign-In Sheet and Waiver of Liability**

Hike: Cedar Lake Trail Date: 11-2-2019

Leader(s): Don Monty and Anne Gaylord

Express Assumption of Risk and Release of Liability

I understand that during my participation in this hike, I may be exposed to a number of dangers and risks, foreseen or unforeseen, which are inherent in this hike and which cannot be eliminated without destroying the character of this experience. These dangers and risks include, but are not limited to, slips or falls, whether on the trail or from high places such as rocks or cliffs, bites by venomous snakes or by insects such as ticks, mites, chiggers, and mosquitoes, diseases carried by ticks or other insects, exposure to poison ivy or other poisonous plants, falling trees or limbs, or injuries associated with transportation in motor vehicles to or from the starting or ending points of the hike. These dangers and risks may result in personal injury, damage to property, and death or disfigurement. I know that such injuries may occur from natural causes, or from actions of animals or other persons, hike members, hike leaders, or third parties, either from negligence or because of other reasons. I further understand that I will have to exercise extra care for myself and those around me to provide against such hazards. I further understand that on this hike there may not be the rescue or medical facilities or expertise needed to deal with any injuries I might suffer. Nobody associated with the River-to-River Trail Society has tried to contradict or minimize the risks and dangers to which I will be exposed.

I understand that the officers, directors, and hike leaders of the River-to-River Trail Society are volunteers who offer their time without pay to make this hiking experience available to me. I recognize that my agreement to this waiver of liability is a condition of their accepting me as a participant in this hike, and that without my agreement they will not undergo the risk of including me in this hike.

Accordingly I agree to WAIVE AND DISCHARGE ALL CLAIMS AGAINST THE RIVER-TO-RIVER TRAIL SOCIETY, ITS OFFICERS, DIRECTORS, LEADERS, AGENTS, MEMBERS, AND EMPLOYEES AND RELEASE THEM FROM ANY LIABILITY on account of any injuries of any kind connected with or resulting from my participation in this outing, EVEN IF RESULTING FROM NEGLIGENCE OF THE RIVER-TO-RIVER TRAIL SOCIETY, ITS OFFICERS, DIRECTORS, LEADERS, AGENTS, MEMBERS, OR EMPLOYEES. In addition, I agree to indemnify and hold harmless the River-to-River Trail Society, and its officers, directors, leaders, agents, members, and employees from any claims, losses, injuries, or damages caused to others by my actions or conduct while engaging in this hiking experience. I intend this waiver and release to be given the fullest interpretation and application permitted by law.

I have read the three paragraphs directly above, understand the promises set forth in them, and freely and voluntarily assume any and all risks relating to, or arising from, my participation in this hiking experience.

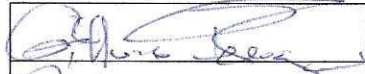
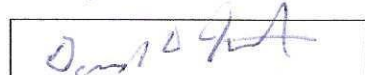
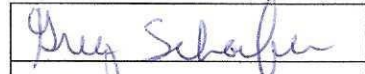

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Hike: Cadua Lake Trail Date: 11-2-2019

Signature Printed Name	Street Address City, State	Preferred Phone Emergency Phone
FRED SCOTT	2825 GREGG/HILL RD E L O O R A O O I L 62930	(618) 841 - 4838 () -
Vicki Ferguson	216 W Walnut St. Harrisburg	(618) 384 - 8804 () -
Tamara Austin	22388 N. Lopez Lane Dix, IL 62830	(618) 292 - 0552 () -
LAUS RONA (S. Johnson)	57 CARDEN RD M A K A O O A, I L	(618) 713 - 5335 () -
Susan McCarty	210 W Parrish Av. Benton, IL 62812	(618) 513 - 3442 () -
Mike Cheek	1046 Murphy Rd Pinckneyville, IL 62274	(618) 357 - 1426 () -
Nancy Cheek	1046 Murphy Road Pinckneyville, IL 62274	(618) 357 - 1425 () -
Bill Gilman	Metropolis IL 62960	(270) 331 - 1553 () -
Chris Drom	81 dorado I L 62550	(618) 926 - 3250 () -
Nicole Cheek	36 Wisconsin St Pinckneyville, IL 62274	(618) 318 - 1113 () -

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Signature	Street Address	Preferred Phone
Printed Name	City, State	Emergency Phone
	216 W. Walnut St	(636) 476-7692
Gillian Ferguson	Herrishburg, Illinois	(618) 384-8804
Anne E. Gaylord	418 S. Giant City Rd	(6) -
Anne E. Gaylord	C'dale Il 62902	() -
Joan Steele	191 Wides	(618) 521-9388
Joan Steele	M.boro IL	() -
	418 S. GIANT CITY RD	(618) 349-0372
Johnny Monte	MURPHYSBORO, IL	(618) 328-4589
	2102 GARTSIDE	(618) 565-5023
GREG SCHAEFER	MURPHYSBORO, IL 62966	() -
	507 W. SYCAMORE	(618) 319-3572
Bridget Walsh		() -
Nancy Montavon	401 S. Oakland	(618) 201-6093
Jade McMillip	"	(") -
Sally Schramm	1115 W. walkey C'dale	(618) 579-7059
Sally Schramm		() -
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