



Hikers due in spring of '81 River-to-river trail proposed as part of transcontinental hike

By Joanne Wood
The Southern Illinoisian
Old "Shanks' mare" may have come into its own again. Walking from place to place and hiking for the joy of seeing everything you close on had become the realm of the super-hardy. Now that gas prices are out of sight, people who haven't walked to the grocery store, let alone a forest trail, are rediscovering the joys of hiking.

Aug 9, 1979, Southern Illinoisian

It's not as heralded as the Appalachian Trail and only a fraction as long, but the River to River Trail that traverses Southern Illinois presents an interesting challenge for hikers.

May 20, 2001, Southern Illinoisian

Forest Service officials are breathing a sigh of relief after finally being able to buy the Panther Den wilderness area.

Jul 3, 1996, Southern Illinoisian

Through-hiking the River to River Trail requires physical conditioning and a commitment. However, if a hiker changes his or her mind, civilization is never too far from the trail.

Nov 24, 1996, Chicago Tribune

When she was 6 years old, she has a bachelor's degree in music education from Southern Illinois University Carbondale.

Oct 11, 2000, Southern Illinoisian

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May 27, 2007, Southern Illinoisian

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Mar 12, 1996, Southern Illinoisian

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Historical News Articles About the River to River Trail

River to River Trail

By Les Winkler
southernillinoisian.com
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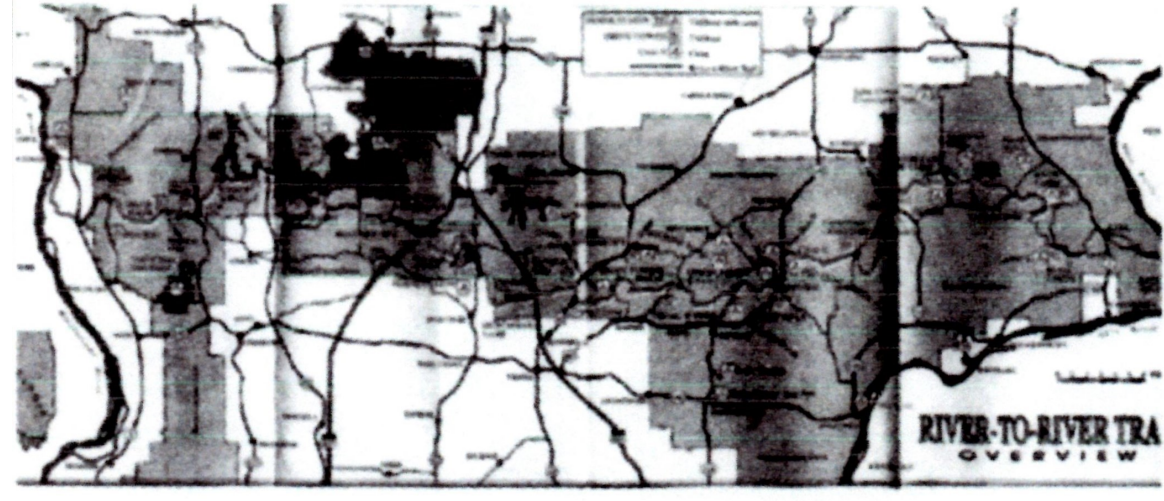
you consider the terrain. A person through-hiking the River to River Trail would have to carry several days worth of water and supplies. Although the region is criss-crossed by highways and is dotted by state and federal parks, the River to River Trail and civilization rarely intersect.

May 20, 2001, Southern Illinoisian

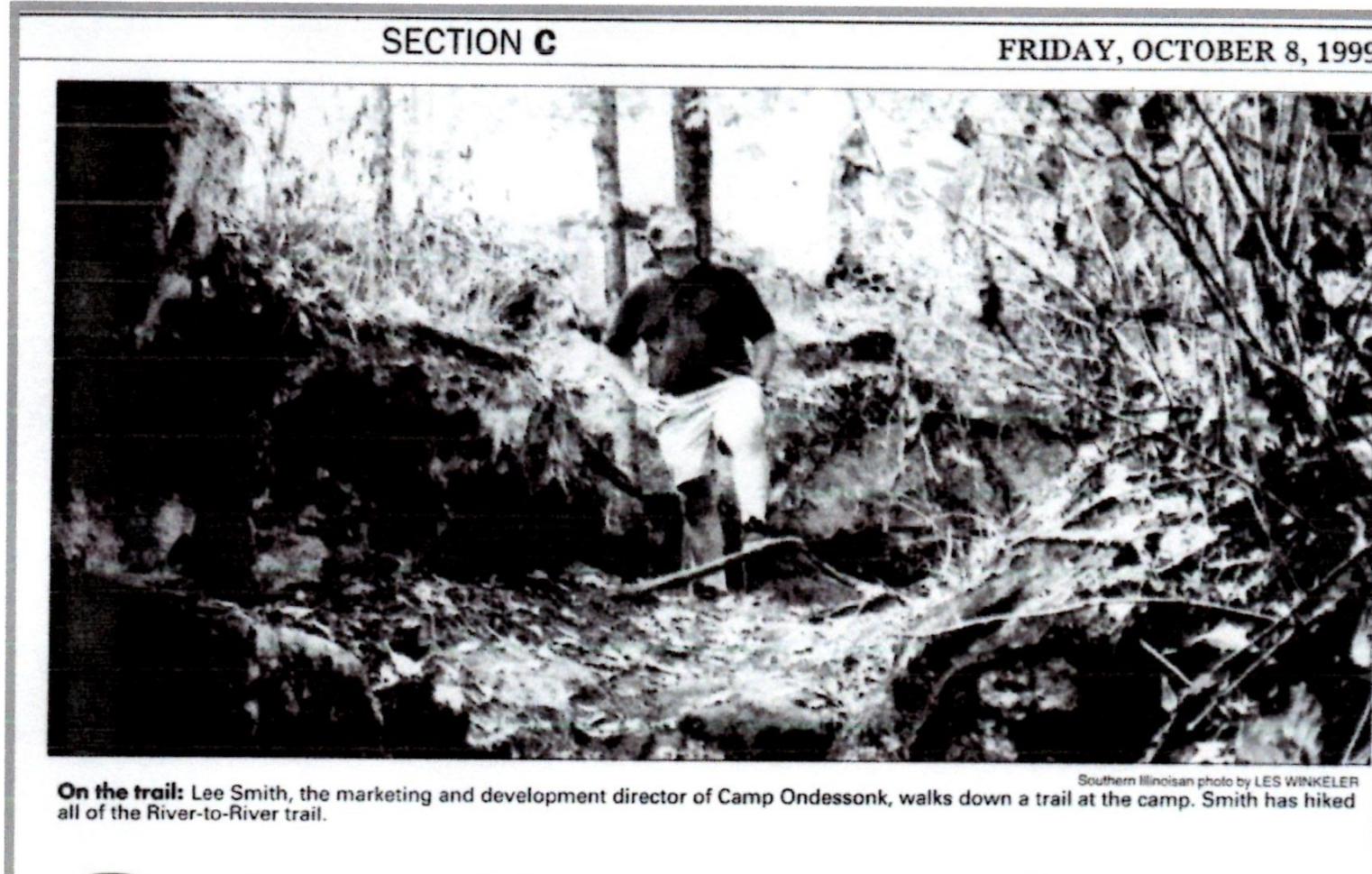
Forest Service buys Panther Den

By Cindy Humphreys
7/3/1996
940-acre Panther Den wilderness area, in Union County near the Williamson County line, at the south edge of the Crab Orchard National Wildlife Refuge.

River to River continued from page 29



Through-hiking the River to River Trail requires physical conditioning and a commitment. However, if a hiker changes his or her mind, civilization is never too far from the trail.



Going River to River

Although the hike isn't extremely long, it still requires planning. The River to River Trail is a 170-mile-long trail that traverses Southern Illinois from the Mississippi River to the Ohio River.

Oct 8, 1996, Southern Illinoisian

New CD attempts to capture heart of Illinois' River to River Trail

By Ken Seebler
southernillinoisian.com
HERBIN - When most people walk through the Shawnee National Forest in Southern Illinois, they hear trees rustling in the wind and birds singing.

Oct 11, 2000, Southern Illinoisian

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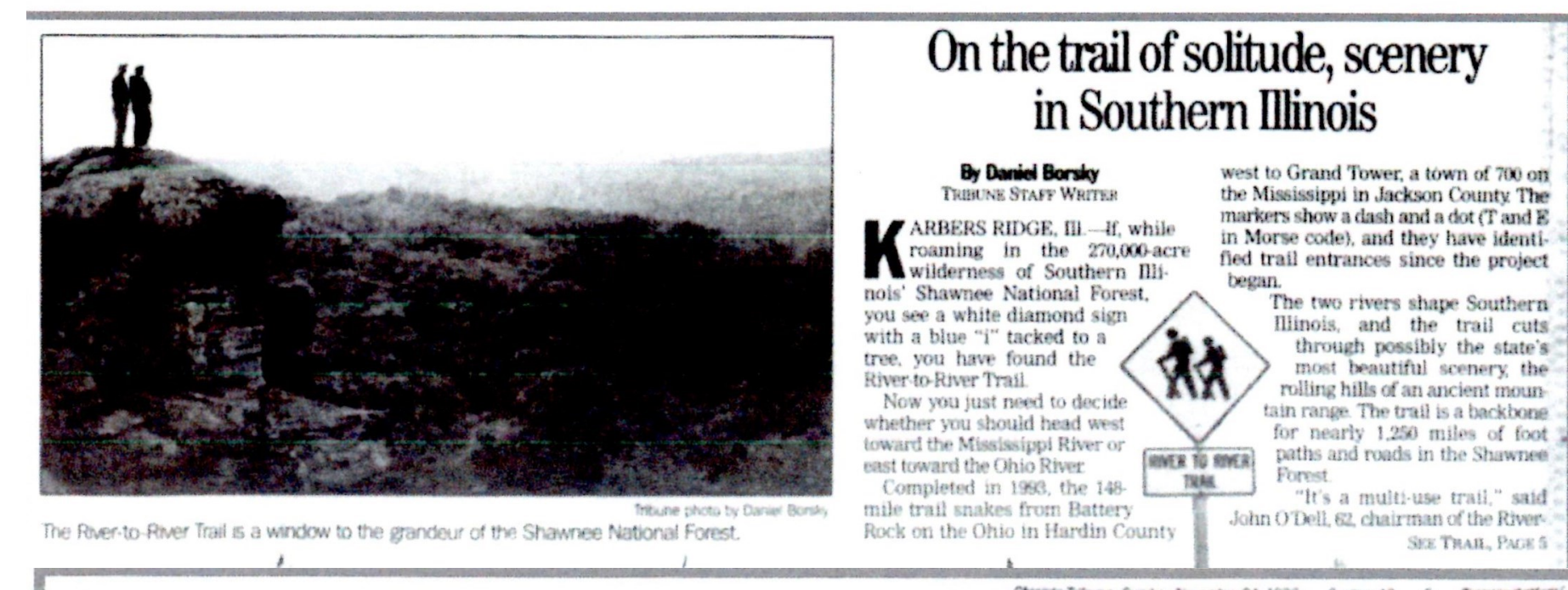
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May 28, 1972, Southern Illinoisian

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Feb 6, 2009, Southern Illinoisian

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On the trail of solitude, scenery in Southern Illinois

By Daniel Berkey
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Trail

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Gaping at the Gap

By Les Winkler
River-to-River Trail a favorite for hikers

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Trailblazer

Darrell Livesay shows us the way at Carb Orchard National Wildlife Refuge

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River to River Trail rewards

Pomona to Hickory Ridge section offers good hiking

By Les Winkler
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Your life can depend on how well you use a compass

By Dave Quinn
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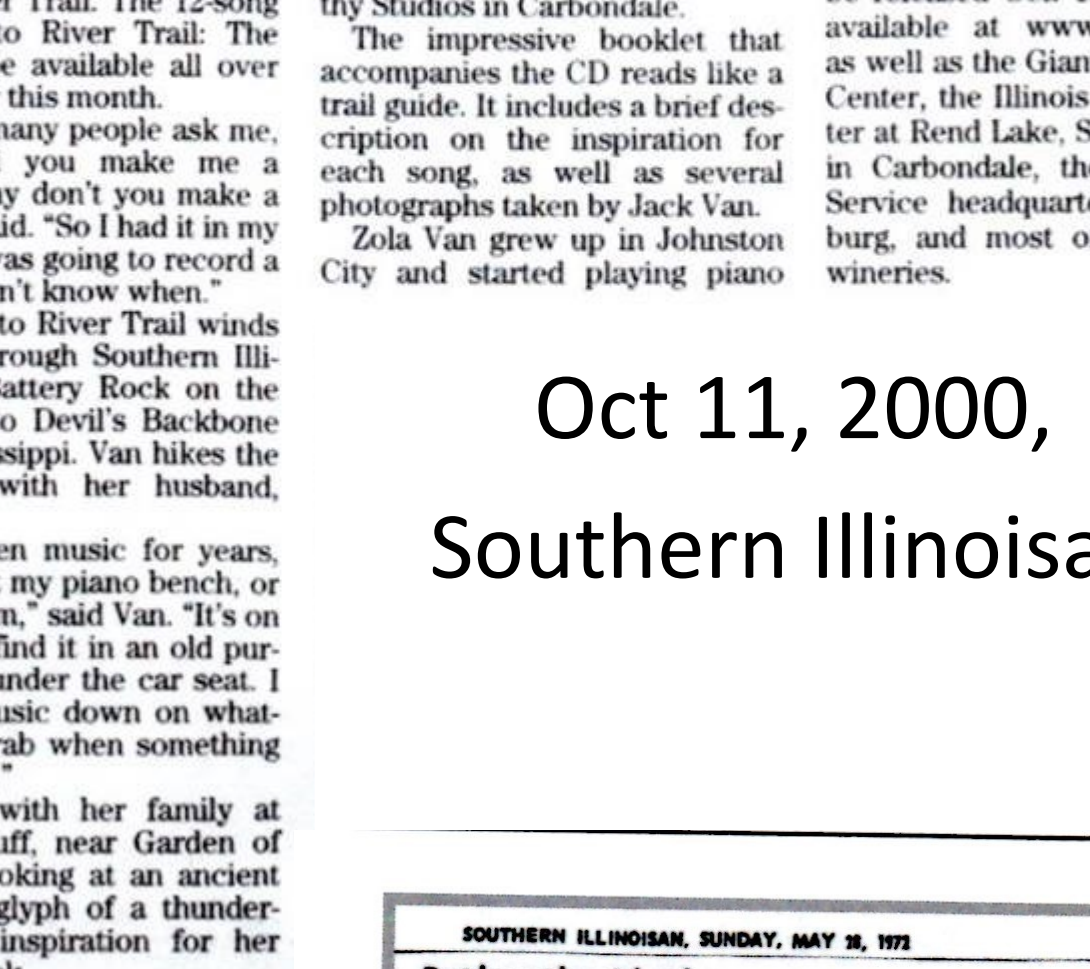
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Rider and horse suffer

By Les Winkler
Southern Illinoisian, Sunday, May 11, 1997

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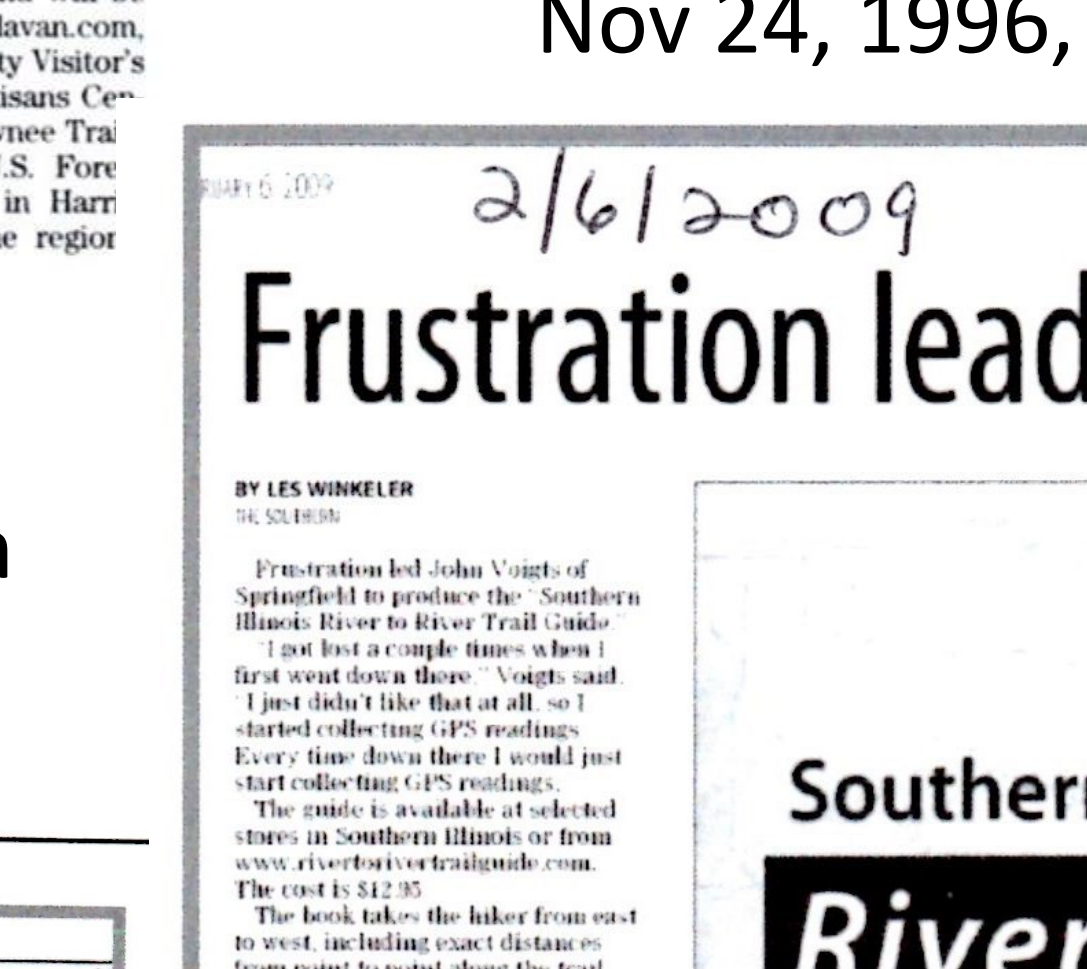
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Frustration leads to hiking guide

By Les Winkler
Southern Illinoisian, Sunday, May 11, 1997

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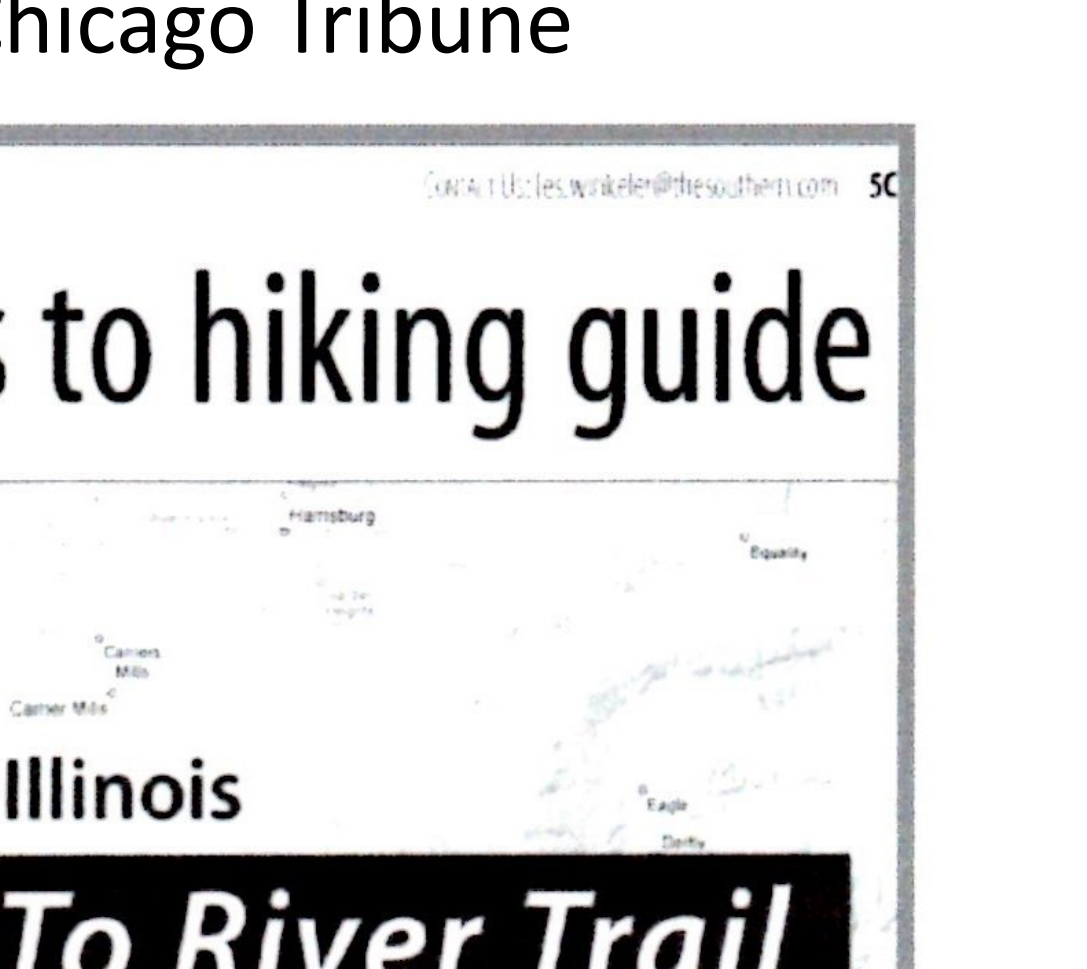
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River To River Trail Pocket Guide

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